

Student Resources

Referral Information for Student and Employee Assistance

Bangor Campus (Main School Location)

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Bangor Area Homeless Shelter • Emergency Shelter with a vision of moving all guests into stable housing in 30 days or less	263 Main St, Bangor, ME 04401 (P) 207-947-0092 Email: info@bangorareashelter.org Bangorareashelter.org
 PCHC- Hope House and Living Center Emergency low barrier emergency shelter for adults Transitional Housing to help residents move towards independent living Health Center offering regular medical care, sick care, lab services, psychiatric med management, therapy for individuals and groups and care management services. 	179 Corporate Drive, Bangor, ME 04401 (P): 207-217-6713 HopeHouse.pchc.com
Wellspring • Residential and outpatient Substance Abuse Treatment Services	255 Hammond St, Bangor, ME 04401 (P) 207-941-1612 Wellspringmaine.com
BARN (Bangor Area Recovery Network) • Provides recovery resource and support to those in Eastern and Central Maine	142 Center St, Brewer, ME 04412 (P) 207-561-9444 Bangorrecovery.org
 211- Maine Offers resources, helpline, and referral services for variety of Health and Human Services programs throughout the state 	(P) 2-1-1 211maine.org
Good Shephard Food Bank • Mission to eliminate hunger in Maine by improving access to nutritious food	11 Penobscot Meadow Dr, Hampden, ME 04444 (P) 207-989-4672 <u>Gsfb.org</u>
 The Salvation Army Christian faith-based human services committed to serving the whole person, body, mind and spirit Offering services to include: soup kitchen, food pantry, holiday assistance, youth programs, and direct assistance 	65 South Park Street, Bangor, ME 04401 (P) 207-941-2990 Nne.salvationarmy.org/bangor



Wilton Satellite Location

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MAS Community Health Offering behavioral and mental health services for both children and adults. MAS Community Health envisions a statewide presence focused on helping individuals and families build natural supports to enhance life and a positive future. We provide innovative behavioral Health therapies and exceptional service by listening and adapting to the needs we see in the Maine communities we proudly serve.	284 Main St. Suite 210, Wilton, ME 04294 (P) 207-645-7070 mascommunityhealth.com
Western Maine Community Action Program • Social service agency that has been providing assistance to low- and mid-income families living in the western mountain region of Maine for over 50 years. Services include: Energy & Utilities, Cell Phone Assistance, Health& Nutrition, and Housing Service	20 Church St., East Wilton, ME 04234 (P) 207-645-3764 wmca.org
Safe Voices • The Mission of Safe Voices is to support and empower those affected by Domestic Violence and engage the community in creating social change in Androscoggin, Oxford and Franklin counties.	200 Livermore Falls Rd., Farmington, ME 04938 (P) 207-778-6107 <u>safevoices.org</u> 24/7 Hotline 1-800-559-2927
Care and Share Food Closet • Serves – residents from the towns of Farmington, West Farmington, Farmington Falls, New Sharon, Chesterville, Temple, New Vineyard, New Portland and North New Portland who meet federal eligibility guidelines for food insecurity. • Provides – a 4-5 day supply of food per household once a month.	508 Fairbanks Rd., Farmington, ME 04938 (P) 207-778-0508 faemchurches.org/care-and-share-food-closet
United Way of the Tir-Valley Area • United Way of the Tri-Valley Area seeks solutions to meet immediate basic human needs, and create long lasting positive change.	218 Fairbanks Rd., Farmington, ME 04938 (P) 207-778-5048 uwtva.org
Rumford Family Shelter	346 Pine St., Rumford, ME 04276 (P) 207-364-4474



Rumford Group Homes	201 Knox St., Rumford, ME 04276
 RGH is a community-based non-profit social service agency. We serve abused, neglected, and homeless youth and their families from throughout the state of Maine with an emphasis on the tri-county region of Oxford, Androscoggin, and Franklin Counties. Founded by locals with a sincere interest in the welfare of children at risk, RGH has continued to grow and respond to the changing needs of the State of Maine and our local community. Services include: Housing, Emergency Shelters, Children & Adolescents, and Adult Case Management 	(P) 207-364-3551 rumfordgrouphomes.org
 Offers resources, helpline, and referral services for variety of Health and Human Services programs throughout the state. 	(P) 2-1-1 211maine.org
Maine Behavioral Healthcare – Farmington • Provides case management services to the Farmington community as well as emergency department crisis assessment services at Franklin Memorial Hospital.	131 Franklin Health Commons #A, Farmington, ME 04938 (P) 207-779-2398 mainehealth.org/Maine-Behavioral- Healthcare/Hospitals-Locations/Farmington

Self-Help and Informational Resources

AA - Alcoholics Anonymous	24 Hour Helpline 207-479-1779
NA – Narcotics Anonymous	1-800-974-0062 Namaine.org
Al – Anon Family Groups	1-800-498-1844 Email: als@maineafg.org Maineafg.org
Maine Crisis Line	711 1-888-568-1112 <u>Maine.gov/suicide</u>
Maine Hotlines/Crisis Numbers	Hotlines/Crisis Numbers
National Institute on Drug Abuse	<u>drugabuse.gov</u>
SAMHSA – Substance Abuse and Mental Health Services Administration	800-662-4357 (24-hour Helpline) samhsa.gov
Suicide & Crisis Lifeline (Formerly called National Suicide Prevention Hotline)	988 (call or text) 1-800-273-TALK (8255) 988lifeline.org